

EURACARE

Wellness Centre Nigeria



Infusions



EMS



Nutrition



Physiotherapy &
Sports massage



Personal
training

Euracare's Mission

To provide world-class medical services to patients without the stress and expense of international travel.

To offer corporate companies and insurers efficient healthcare solutions for their employees and customers.

To make available to physicians a technologically advanced and optimised work platform.





Optimal Wellness

Optimal health starts with the combination of physical, emotional and mental wellness. Unfortunately, overwhelming stress factors inhibit our ability to make healthier lifestyle choices.

At Euracare Wellness Centre Nigeria, our approach to therapeutic intervention is scientifically based and people-centric. Our state-of-the-art facility reflects our vision to be at the forefront of healthcare in Nigeria.

We are constantly pioneering new, innovative treatment procedures, to take our clients to the peak of optimal health and wellness. With our multi-disciplinary approach, wellness has never been more convenient or affordable.

We are motivated by the opportunity to provide our patients with longevity through early detection, multi-disciplined wellness approaches and therapeutic intervention.

Euracare boasts multiple areas of medical intervention:

- **General medical**
Physical examination by our expert doctors
- **Electromagnetic Stimulation Therapy (EMS)**
The latest in physical therapy, EMS rapidly improves muscular strength and repairs damaged muscles.
- **Infusion Lounge**
Health-boosting intravenous treatment that rapidly restores and repairs.
- **Dietitians**
Expert advice from our team of nutritionists.
- **Physiotherapy and sports massage**
Highly-trained experts rehabilitate injuries from sports and over-used muscles.
- **Personal training**
Our expert trainers create bespoke training programmes to maximise strength and mobility to achieve personal goals.
- **Wellness coffee shop**
A world-class menu where you can connect with others and nourish your body.

Euracare's specialised staff are equipped to deliver fast results and seamlessly guide visitors through our facility.

Why Wellness?

Wellness is the act of practising healthy habits on a daily basis to attain better physical and mental health outcomes.

Our medical personnel take you through a holistic analysis of your health. From one-on-one consultations to advanced treatments with trained specialists, we guide our guests throughout their wellness journey.

Where any medical condition is observed, a treatment plan will be recommended. We work closely with Euracare Multi-Specialist Hospital to provide a seamless experience for patients who are identified to have problems that require further investigation and specialised treatment.



EMS Studio



Rapid fat loss



Fast lean muscle building



Immediate cellulite reduction



Increase strength



Recovery



Easy on the joints



Up your endurance



Burn calories faster

Electro Muscle Stimulation (EMS) is a full body training exercise using impulse currents and has revolutionised the way people train.

We understand that time and good health are our most precious resources. EMS technology gives tangible results in a fraction of the time compared to conventional training, with minimal risk of impact injury.

Euracare Wellness Centre uses state-of-the-art Pulse wireless EMS technology, the first of its kind in Nigeria and Africa. Euracare, with Pulse EMS technology aims to improve health based on cutting-edge technological developments. The BIA mobile app allows clients to track and monitor their results on the move from anywhere.

The wireless Pulse EMS technology provides five to six hours of exercise, burning 2500+ calories, for only 20 minutes per session.

P | U | L | S | E

The smart InBalance 300

Full body composition analysis

Overall body composition

Rich information about fat

Muscle ratio

Obesity analysis

Abdominal diagnosis

Segmental analysis

And more



The InBalance 300 is the first smart body composition analyser with a mobile end user application. BIA technology works hand-in-hand with EMS, to offer fast, effective and accurate results of EMS training.

BIA technology covers every aspect of body composition, from intracellular and extracellular fluid analysis to segmental muscle and fat analysis

Infusion Therapy

Infusion Therapy is a scientifically proven method of safely delivering medical grade tonics and medicines to the body in the quickest way. Infusions are sterile, minimally invasive therapies that accelerate recovery, repair and restoration.

Our infusions contain a combination of premium vitamins, nutrients and extracts designed to rapidly treat specific conditions or meet your personal wellness targets. Our blends of infusions contain the highest quality essential fluids, electrolytes and antioxidants, each scientifically formulated to get you to the peak of optimal fitness and wellness.



Although specific formulas vary, all our infusions have two basic components:

IV solution

A premium-grade sterile mixture of sodium chloride and water that hydrates the body and facilitates the delivery of medication and vitamins into the system.

Organic Nutrients

All the vitamins and antioxidants are extracted from the purest sources. These help the body maintain optimal function. While it is true that essential nutrients can be derived from food, the correct doses and dietary diversity are not always easily achievable.

Infusion Therapy vs. Oral Supplements

Infusions are delivered directly into your bloodstream, and the ingredients become immediately available to your cells, significantly decreasing the time it takes for medication or supplements to take effect. Oral supplements have lower bioavailability than infusions because they must first pass through your digestive system, where they are metabolised before reaching your bloodstream.

Know Your Infusions

Safe & Trusted

Euracare maintains a state-of-the-art facility and best practice procedures in line with international health care regulations for all infusion treatments.

Infusion Therapy has been used to improve patient health since the mid-1800s. Recent technology and research have revolutionised minimally invasive therapeutic intervention procedures.

Infusion Therapy is safe and is well-tolerated by most patients. There are only rare cases of patients experiencing side effects, such as infection at the injection site, which is why IV therapies are administered by healthcare professionals in a facility that is capable of intervening should there be any adverse effects.

Our infusions are designed using only the highest quality vitamins, minerals, antioxidants and nutrients that lead to improvement of internal health.

Infusions include:

Vitamin B12 And Vitamin B Complex
B1 (Thiamine)
B3 (Niacin)
B5 (Pantothenic Acid)

B6 (Pyridoxine)
B9 (Folate)
B12 (Cyanocobalamin)
Vitamin D

Vitamin C
Magnesium
Zinc
Calcium
Glutathione

Infusion Menu

Beauty Boost Infusion

Dehydration Recovery Infusion

Detox Infusion

Energy Boost Infusion

Hangover Recovery Infusion

Migraine Therapy Infusion

Myer's Infusion

Pregnancy & Morning Sickness Infusion

Recovery Boost Infusion

Stress & Anxiety Infusion

Immune Boost Infusion



Nutrition & Personal Training



Personal Training

The secret to sustainable fitness is a training plan that works for you. Our personal trainers assess clients' needs, goals, and lifestyles to ensure the recommended training plan is not only effective but achievable for individuals with busy schedules.

Euracare's hand-selected personal trainers provide physical and mental guidance throughout the journey, monitoring progress and making necessary adjustments along the way.

Nutrition

Euracare Wellness Centre Nigeria has experienced dietitians who are trained to assess nutritional needs. Their tailor-made plans provide a road map for a healthier diet, healthier life and increased longevity.

In addition to supporting a generally healthy lifestyle, our dietitians assist patients with managing their chronic health conditions and diseases.



Sports massage & Physiotherapy



Sports Massage

The sports massage therapy program at Euracare Wellness Centre Nigeria aids in improving the physical comfort and performance of athletes and high-performing individuals.

By releasing and reducing muscle tension through sports massage, circulation and lactic acid buildup levels improve, resulting in improved performance of high-intensity activity and better overall relaxation of the body. Improved recovery time and a decreased likelihood of muscle damage contribute to a healthier physical lifestyle.



Physiotherapy

Physiotherapists are essential for helping those who have been affected physically by an injury or illness and require rehabilitation.

Euracare's team of medical professionals assist through a combination of exercise and movement, manual therapy, support, and education, offering a holistic approach to physiotherapy. Maintaining physical health through regular physiotherapy supports patients of all ages in managing pain and preventing the condition from worsening.



EURACARE

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