

# How to use non-medical mask safely?



1 Wash your hands



2 Inspect your mask for damage and dirt



3 Cover your mouth, nose, and chin.



4 Avoid touching the mask



5 Clean your hands before removing the mask



6 Remove the mask by straps



7 Wash the mask with soap and hot water at least once a day



8 Wash your hands after removing the mask

- Always clean your hands before you put your mask on, as well as before and after you take it off.
- Make sure it covers both your nose, mouth and chin.

# #ECARE

EURACARE